



AMERICAN ACADEMY  
of OPTOMETRY

## Set your Compass for Lifelong Learning at Academy 2011 Boston!

Visitors to Boston find a city steeped in history, but attendees of Academy 2011 Boston will be setting their compasses directly towards the future. Join the American Academy of Optometry in Boston, Massachusetts, October 12-15, 2011, for four days of the highest quality continuing education, networking with colleagues and vendors, and fun times!

Registration and hotel reservations will open April 25. The program is currently being formed, but some highlights have already emerged.

### Plenary Session: Today's Research, Tomorrow's Practice®: Mild Traumatic Brain Injury (mTBI)

In the tradition of bringing the latest on an important general health issue, the topic for the Boston Plenary Session is Mild Traumatic Brain Injury (mTBI). You will gain an overview of this major health problem during this session on Wednesday, October 12, 2011, noon – 2:00 pm, with a provided lunch.

Douglas Smith, MD, Director, Center for Brain Injury and Repair, University of Pennsylvania, will provide an overview of the condition of mTBI, including the clinical presentation, evaluation, and insights about the clinical complications. This will be followed by a presentation by William Milberg, PhD, and Regina McGlinchey, PhD, of Harvard Medical School, on the effects of mTBI as they exist in a complex matrix of biological, psychological and social issues.

Veterans of the Iraq and Afghanistan wars are suffering from the effects of highly traumatizing events and exposure to high energy blasts that often leave them with cognitive and emotional problems that make readjustment to civilian life very difficult. Their studies

of this population can provide insights into the mechanisms of symptom development and recovery in mTBI in the non-military population.

### Monroe J. Hirsch Research Symposium – “Omics”

The study of biological “omics” has been exponentially increasing the last decade, particularly as it relates to new scientific technologies that have revolutionized these fields of study. The “omics” fields extend beyond genomics and into areas such as lipidomics, glycomics, and proteomics in addition to many other areas, although proteomics is often considered the next logical sequential step beyond genomics studies. Proteomics is the large-scale study of proteins, which includes the entire body of proteins expressed by a cell or system in terms of structure and function. While these “omics” fields are extensions of genomics, they are often considered more challenging fields of study as a system’s

*see ACADEMY 2011, p.2*



**ACADEMY 2011 BOSTON**

Registration and hotel  
reservations open April 25.

[www.aaopt.org](http://www.aaopt.org)

This newsletter has been made possible by a generous grant from

genome is usually fairly constant, while its proteome, for example, can differ from cell to cell.

You will hear discussions about the scientific “omics” fields of study, with particular emphasis on proteomics, in addition to discussing their applications to ophthalmic research and ultimately clinical practice. Featured speakers will be:

- Steven A. Carr, PhD, a senior scientific leader in protein biochemistry and proteomics, leads the Proteomics Platform at the Broad Institute.
- Pablo Argüeso, PhD, of the Schepens Eye Research Institute, whose research focuses on one of the last frontiers of molecular biology—glycobiology—analyzes the sugars that coat the surface of the eye and deciphers their role in protecting the eye against dehydration and pathogen invasion.
- Tom Norton, PhD, of the University of Alabama at Birmingham, studies the neurobiological mechanism that operates in the juvenile eye.
- Richard Yee, MD, PhD, a researcher at the McKnight Vision Research Center, focuses on the molecular,

Academy President, Karla Zadnik, OD, PhD, FAAO, talks about the amazing events at Academy 2011 Boston. Check it out on youtube or [www.aaopt.org/meetings/academy2011/index.asp](http://www.aaopt.org/meetings/academy2011/index.asp)!

cellular, proteomic, and neurophysiologic basis of glaucoma in experimental and human models.

The Academy meeting will take place at the Hynes Convention Center. Hynes is centrally located in the Boston Back Bay neighborhood, within walking distance of historic sites, shopping, and excellent restaurants and watering holes!

For up-to-the-minute news about the meeting, “like” the Academy’s Facebook fan page or follow #aaopt11 on Twitter.

You may not want to leave the Convention Center at all, though, when you learn of all of the fun social activities currently being planned by the various groups that make up the Academy. For example, the Australia Party promises to shake the walls of the Center with the rocking tunes of the Lost Faculties, one of optometry’s own bands. And, watch for a new student and Fellow social event Thursday night!

Join your colleagues at the premier meeting in optometry and vision science! Mark your calendar for April 25 when registration and the housing reservation system open, then start counting the days until October 12!

## Fall into Boston!



As one of America’s oldest cities, Boston offers both cultural distinction and historical elegance. More

than 12 million visitors from around the globe head to Boston every year to experience the New England charm. Visit Boston for museums, exciting music venues, fresh local seafood, fine cuisine, great shopping, and real American history!

Boston is the most stunning in the fall. The colored leaves of autumn frame the architecture making Boston even more breathtaking. Sites to see in Boston during the fall include the Freedom Tour and Faneuil Hall Marketplace. There is truly something for everyone!

**Boston is the place to be...  
See you at Academy 2011 Boston!**

## Academy Office is Moving!

*A Message from  
Lois Schoenbrun, CAE, FAAO,  
Executive Director*

In my nearly 16 years with the Academy, I have known that our leadership does not shy away from tough decisions. Just in the last two years, our Board of Directors has addressed Maintenance of Fellowship and Board Certification, implemented a self-study of our eight Sections, and enacted policies to allow the creation of Special Interest Groups.

### And Now...

Your Board of Directors voted at its meeting during Academy 2010 San Francisco to move the Academy offices to Orlando, Florida, effective in spring of 2012. This decision was not made lightly. More than a year of study, discussion, and financial modeling was conducted before a decision was made.

The Board has discussed a possible move several times in the past, and each prior time the decision was to

renovate existing space and stay in Maryland. This time, the financial future of the Academy was clear – if we want to invest in purchasing a building, reduce overhead, and be able to implement new programs to enhance the Academy and further the profession, we must make a move.

I will stay with the Academy and move to Orlando, and at least one other staff member has plans to do the same. Some staff will remain in Maryland in a “satellite” or “remote” office. We know that unfortunately we will lose some fabulous, dedicated staff. It is our goal – mine and the Board’s – to treat employees fairly and generously. And because our purpose is serving you, our members, we will make this transition while maintaining programming and great customer service.

As always, please let me know at [LoisS@aaoptom.org](mailto:LoisS@aaoptom.org) or 240-880-3086 if for any reason we are not meeting and exceeding your expectations.

## Science at the Academy!

Michael D. Twa, OD, PhD, FAAO  
Chair, Scientific Program Committee

**G**reetings! I am excited to share with you some of what we have planned for the upcoming program in Boston, Wednesday, October 12 - Saturday, October 15, 2011. The window for submitting abstracts to the 2011 Scientific Program is May 1-31. It is going to be great! Before I do, let me give you a quick summary of what we did in San Francisco and tell you a little bit about your scientific program committee.

By any measure, San Francisco was a great success. There were more than 700 total submissions reviewed by the committee (third highest of all time) and more than 530 were accepted for presentation as posters (405) and scientific papers (125). The poster sessions were always crowded and buzzing with activity. And the content was fantastic, from genetics and proteomics to analysis of quality of life. The scientific program continues to widen in scope and we expect even more of this in Boston.

So have you ever wondered who makes this happen? There are 8 members of the Scientific Program Committee,

representing 5 different optometric institutions, the VA medical system and schools of medicine. We have more than 90 years of combined clinical practice and nearly 50 years of NIH funded research support. Together we have more than 320 peer-reviewed scientific publications and more than 40 years of service to the American Academy of Optometry. Our clinical and research interests are as broad as imaginable: from pediatrics to dry eye, from public health to machine learning. I am pleased to say that this eclectic group is gearing up for a terrific program in Boston this Fall.

So here is what is new for Boston. This year we will modify the format of the scientific paper sessions. In addition to thematically organized research paper presentations where authors present a summary of their unpublished original research, these sessions will also include invited presentations from prominent scientists. We will also be featuring



a new layout for the poster session designed to encourage meeting and interacting with colleagues. The Hynes Convention Center in Boston will feature a gigantic space for posters adjacent to the exhibit halls where we will have tables and seats to encourage you to come by, catch up on some of the latest research, meet-up with your friends, or sit down with business associates from the exhibit hall right next door. We look forward to receiving your submissions to the Scientific Program and we will see you in Boston.

## Deepen Your Knowledge at the Section Symposia!

**N**orth, West, South and East: there are many directions an optometrist or vision scientist can set his or her compass towards lifelong learning. Binocular vision, cornea, contact lenses, primary care, ocular disease, pediatric optometry, just to name a few! The Academy's Sections develop excellent symposia each year. Academy 2011 Boston will be an especially bright beacon for the Sections!

### Joint ARVO/AAO Symposium

The Section on Cornea, Contact Lenses & Refractive Technologies has joined forces with the Vision Science Section to provide the latest information on "Presbyopia – Accommodation, Surgical Restoration, and Visual Performance of Multifocal Corrections." Topics will include advantages and disadvantages

of refractive surgery based treatments of presbyopia, and adaptation and visual performance of multifocal corrections.

### Binocular Vision, Perception & Pediatric Optometry (BVPPPO)

The practice of pediatric optometry has changed dramatically over the last 25 years from a basis largely in refractive error and functional vision, to today encompassing that as well the extraordinarily complex world of pediatric ocular and neuro-ocular disease. Today many optometrists see significant numbers of children either at risk of or actually having the full spectrum of ocular disease conditions, and are often involved in the detection, diagnosis, and active co-management of these children.

The BVPPPO Section will partner with the Disease Section for the Wednesday evening program that will highlight topics as diverse as neuro-ophthalmology, strabismus, congenital cranial dysinnervation disorders, and pediatric glaucoma. A second symposium for the BVPPPO Section will emphasize other aspects of pediatric optometry, like the Infant Aphakia Treatment Study (IATS), uveitis, and the Massachusetts Pilot: National Center for Children's Vision and Eye Health.

### Cornea, Contact Lenses & Refractive Technologies

On Christmas Day, 1961, Professor Otto Wichterle created the first wearable hydrogel contact lens in his home kitchen.

see SYMPOSIA, p.4

en. Very few events have changed the face of eye care and vision correction as much as that single, inauspicious event.

It is hard to envision what optometry would look like today if the hydrogel contact lens had not been invented. The history of the hydrogel lens has, to a large extent, been the history of clinical optometry for most practitioners since Bausch +Lomb launched the first commercially available hydrogel lens.

This symposium, entitled “The Past, Present, and Future of the Hydrogel Lens: A 50th Anniversary Celebration,” will explore what lies ahead for the hydrogel lens—including drug delivery and nanotechnological applications of the hydrogel lens to restore vision to the visually impaired and to provide mankind with new ways to view computer generated images. The Annual Section Awards program will follow with presentations of the Founders and Schapero Awards.

### Disease

Besides the evening symposium described above in the BVPPPO section, the Disease Section is presenting a second year of the Lawrence Gray Neuro-ophthalmic Disorders Symposium, this time focusing on the neuro-ophthalmic complications of traumatic brain injury (TBI). Attendees will be provided with the background information on the neuropathology of traumatic brain injury and the latest research on the detection of eye movement disorders as they relate to TBI. In addition attendees will hear about the applications of OCT and MRI imaging technologies to help localize the point of injury, as well as their value in neuro-ophthalmic care. Many of these tests can be ordered or performed by the optometrist. The panel of speakers will be composed of neurologists, neuro-ophthalmologists and optometrists who are active in TBI-related research or who evaluate TBI patients.

### Low Vision

The Low Vision Section has gathered the top experts in the field of cortical plasticity and low vision rehabilitation for its Boston symposium. Topics include cortical reorganization in macular degeneration, mechanisms that control brain plasticity, computational vision models, and functional vision.

### Optometric Education

International collaborative programs provide students with a unique educational experience. These programs also benefit faculty, provide research opportunities and provide a service to developing countries. The Optometric Education Section joins forces with the ASCO International Optometric Education Special Interest Group to provide insight and stimulate discussion about the “International Program Experience.” The symposium will highlight student experiences, clinical rotations, faculty exchange, research efforts and other collaborative programs.

Jointly with the Vision Science Section, the Optometric Education Section has put together a program entitled “The Role of Research in the Optometric Profession.” The scholarship of discovery (research) provides a pathway for new information. Within the profession of optometric education the role of research brings about many questions. What is meant by research? What is the role of the institution? Is it appropriate for all faculty to participate in research? Is it beneficial to optometry if researchers do not publish in optometric journals? The symposium will discuss the role of the basic and clinical scientists, potential impact on teaching, expectations and feasibility.

### Primary Care

The Primary Care Section has invited experts to present on “Myopia Progression, Control and Prevention.” The topics include multifocal lenses for myopia control, use of multifocal lenses in esophoric children, using corneal reshaping contact lenses, and surgical treatment of refractive error in pediatric patients.

### Public Health & Environmental Vision

Attendees at this symposium will hear about “The Health Care Reform Act in 2011: Examples of What Works for You and Your Patients.” The symposium brings together leaders in the area of health policy to take a sober look at what is in the legislation, and attempt to project how the bill as implemented will affect the practice of optometry, as well as its impact on our patients.



## Academy 2011 Boston Exhibitors (as of February 10, 2011)

- ABB Concise
- Abbott Medical Optics
- Acuity Pro/VisionScience Software, Inc
- Advanced Vision Research
- Alcon Laboratories, Inc.
- Alden Optical
- All About Vision
- Allergan
- American Academy of Optometry
- Bausch + Lomb
- Bausch + Lomb Pharmaceuticals
- Biosyntx
- Blanchard Contact Lens, Inc.
- Blue View Vision
- Boston Foundation for Sight
- Carl Zeiss Meditec, Inc.
- Carl Zeiss Vision, Inc
- Chadwick Optical
- CIBA VISION
- Comlite Systems
- Compulink
- CooperVision, Inc.
- Eschenbach Optik of America
- Essilor
- Eye Designs
- eyefinity / Officemate
- Eyemaginations
- EyeMedVision Care
- Haag-Streit/Reliance USA
- HAI Laboratories, Inc.
- Heidelberg Engineering
- Heine
- Hoya Vision Care
- Precision Vision
- Vision Technology, Inc.
- VISTAKON
- Volk
- VSP
- Wolters Kluwer Pharma Solutions
- Younger Optics
- ZeaVision

## Top 10 Reasons to Stay at a Contracted Hotel for Academy 2011 Boston!

- 10) The Academy has negotiated amazing rates for the contracted hotels. You'll be able to enjoy downtown Boston at great rates!
- 9) In order to secure sleeping rooms for the Annual Meeting, the Academy signs contracts for a minimum number of room nights. If we do not fill our room block, financial penalties will be due to the hotels. This impacts the fiscal health of the Academy.
- 8) Sleeping room usage helps the Academy secure meeting space for education, committees and section functions. The Academy continues to bring you the best education in the most diverse settings. If we don't use a minimum number of sleeping rooms, our future educational offerings will be limited.
- 7) Keep up with your home or office while you're away, staying in one of the hotels' guest sleeping rooms designed for the business traveler.
- 6) Take advantage of the networking opportunities – the fellowship that we value so much – by staying at a property with many of your colleagues.
- 5) Use the hotel concierge for great ideas on Boston sightseeing! It could be your best resource.
- 4) Get your exercise in the hotel's gym or fitness center, or walk to Hynes Convention Center while exploring beautiful Boston.
- 3) Enjoy the ambiance of the city just outside your room by staying at our contracted hotels.
- 2) The Academy contracted hotels in the heart of Boston. You'll be steps away from amazing shopping, Fenway Park, historical sites and many great eateries. See all the history and excitement that Boston has to offer.
- 1) The contracted hotels are either an easy walk to the Hynes Convention Center or shuttle service will be provided to those hotels that are further away.



## Hotels for Academy 2011 Boston!

### SHERATON BOSTON HOTEL

Headquarters Hotel | \$265/night  
39 Dalton St. | Boston, MA 02199

**Highlights** | The Sheraton Boston Hotel is connected to the Hynes Convention Center and The Shops at Prudential and Copley Place via indoor walkways. It is four miles from Logan Airport and blocks from the Financial District, trendy Newbury St. and Fenway Park. The hotel has a fitness center and is home to New England's largest indoor pool.

### HILTON BOSTON BACK BAY | \$265/night

40 Dalton St. | Boston, MA 02115

**Highlights** | This hotel is two blocks from the Hynes Convention Center. It is walking distance from Fenway Park, Symphony Hall and Newbury St. The hotel has a fitness center with an indoor pool, a business center, childcare services and much more!

### BOSTON PARK PLAZA | \$219/night

50 Park Plaza at Arlington St. | Boston, MA 02116

**Highlights** | This hotel is located about 1.2 miles from the Hynes Convention Center (*shuttle will be provided from hotel to convention center*). It is easily accessible to world renowned Newbury St., Faneuil Hall Marketplace, the Theatre & Financial Districts and many historic sites. Spacious feel of floor to ceiling windows. Fitness center, business center and much more!

### HAMPTON INN BOSTON | Student Hotel | \$179/night

*Student ID required to get contracted rate during check-in*  
811 Massachusetts Ave. | Boston, MA 02118

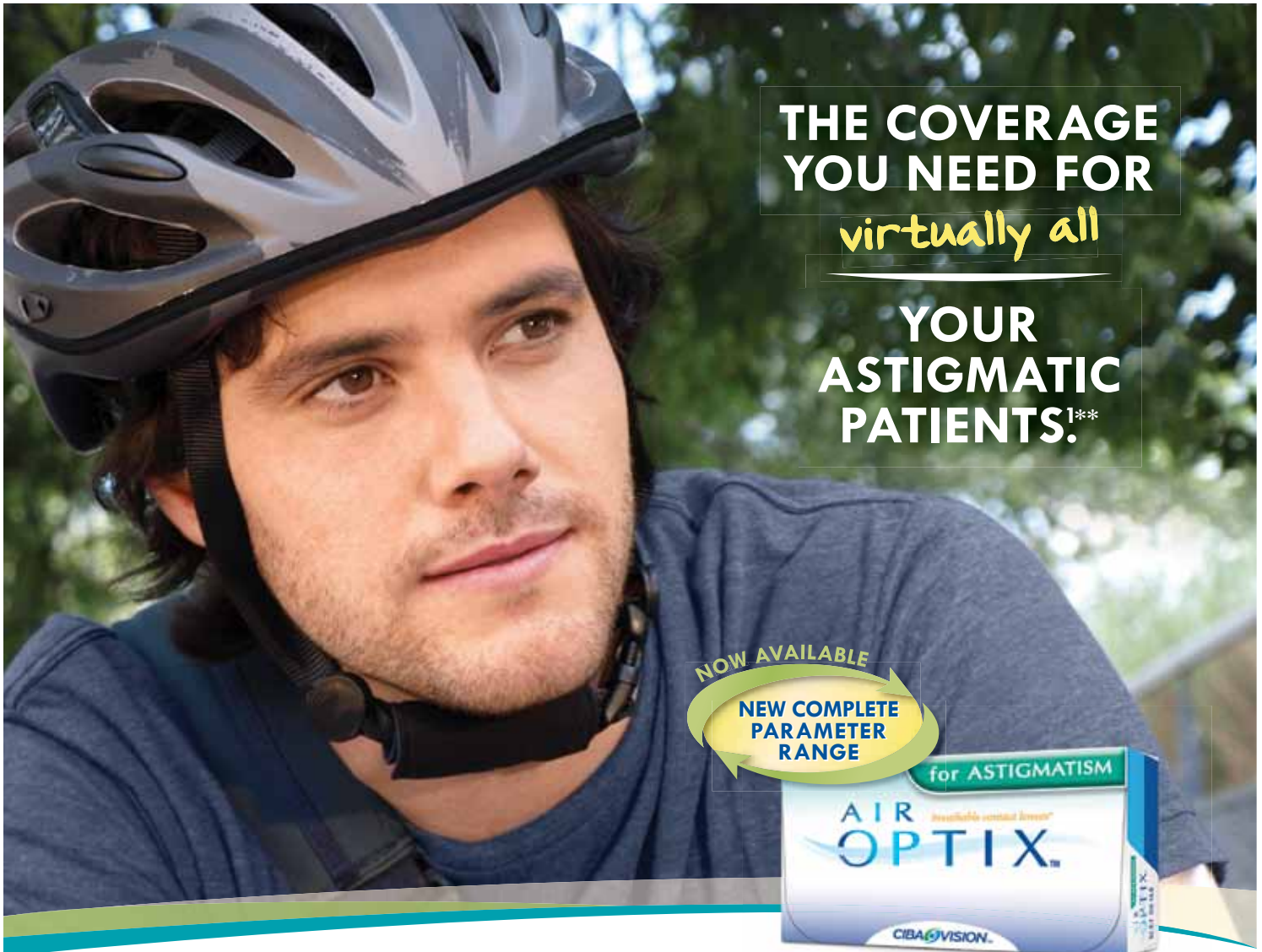
**Highlights** | This hotel is one and a half miles from the Hynes Convention Center. It provides complimentary shuttle service to and from the airport, the Convention Center and many other tourist sites. The hotel provides complimentary breakfast and has a business center, fitness center and indoor pool. There is a day spa next door.

### MIDTOWN BOSTON HOTEL

Student Hotel | \$179/night

*Student ID required to get contracted rate during check-in*  
220 Huntington Ave. | Boston, MA 02115

**Highlights** | This hotel is a half a mile from the Hynes Convention Center. The hotel is pet friendly. It is close to Christian Science Plaza and Boston Commons. Adjoining rooms are also available.



**THE COVERAGE  
YOU NEED FOR**  
*virtually all*

**YOUR  
ASTIGMATIC  
PATIENTS.<sup>1\*\*</sup>**

**NOW AVAILABLE**  
**NEW COMPLETE  
PARAMETER  
RANGE**



*See how natural they feel.*

**AIR OPTIX<sup>®</sup> for ASTIGMATISM contact lenses—  
Now with Round-the-Clock Coverage.**

- New, wider parameter range **covers 99% of astigmats.<sup>1\*\*</sup>**
- **One of the widest in-stock** silicone hydrogel toric lens parameter ranges available.



- AIR OPTIX<sup>®</sup> for ASTIGMATISM contact lenses feature the breakthrough Precision Balance 8|4<sup>™</sup> design for **exceptional stability, predictability and visual acuity.**
- 95% of eyes were **successfully fit with the first lens.<sup>2</sup>**

**Come visit us at the CIBA VISION<sup>®</sup> booth.**

\*AIR OPTIX<sup>®</sup> for ASTIGMATISM (Iotrafilcon B) contact lenses: Dk/t = 108 @ -3.00D, -1.25D x 180. Other factors may impact eye health. \*\*Among astigmatic patients with 0.75 to 2.75D cylinder. AIR OPTIX<sup>®</sup> for ASTIGMATISM (Iotrafilcon B) contact lenses: For daily wear or extended wear up to 6 nights for near/far-sightedness and/or astigmatism. Risk of serious eye problems (i.e., corneal ulcer) is greater for extended wear. In rare cases, loss of vision may result. Side effects like discomfort, mild burning or stinging may occur.


References: 1. Based on the prevalence of refractive errors presenting to U.S. ODs surveyed in 1999 and calculation of residual astigmatism (of=0.62D); CIBA VISION data on file, 2009. 2. In a randomized, subject-masked, multisite clinical study with over 150 patients; significance demonstrated at the 0.05 level; CIBA VISION data on file, 2005.

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# 2011 Merton C. Flom Leadership InSight Courses

Generously sponsored by  CIBA VISION  
Shared Passion for Healthy Vision and Better Life

## FUNDAMENTALS OF LEADERSHIP – PART I:

### What is Leadership?

Instructors:

Rick Weisbarth OD, FAAO  
Barbara Caffery, OD, MS, FAAO  
David Kirschen, OD, PhD, FAAO  
Harue Marsden, OD, MS, FAAO  
Julie Schornack, OD, MEd, FAAO

**Wednesday, October 12**  
**8:00 am – 11:00 am**  
**\$50 fee (Students \$10)**

Regardless of position, everyone can benefit from learning about leadership and how to bring about change through leadership. Part I of this course will focus on the topics such as definitions of leadership, the differences between leadership and management, traits and characterizes of leadership, and using leadership to influence organizational culture. Part I of this course also discusses individual strengths and different leadership styles. These will be individually assessed for all attendees as part of the pre-course work. Enrollees will also be mailed a workbook of pre-course readings and assignments.

*Enrollment is limited to 50 people.*

## FUNDAMENTALS OF LEADERSHIP – PART II: Putting Leadership into Action

Instructors:

Karla Zadnik, OD, PhD, FAAO  
Sally Dillehay, OD, EdD, FAAO  
Peter Bergenske, OD, FAAO  
Linda Casser, OD, FAAO  
Steven Eyler, OD, FAAO

**Thursday, October 13**  
**8:00 am – 11:00 am**  
**\$50 fee (Students \$10)**

Building upon the foundation of Part I of this course, Part II will examine the real world aspects of leadership and how to put leadership into action. This

course will focus on Kotter's model of leadership and how to use it to establish a vision, align people to that vision, and motivate them to stay with the vision. The course will also include a discussion of how communication can be used to support leadership efforts. Enrollees will be mailed a workbook of pre-course readings and assignments.

**Note:** Part I of this course is strongly recommended prior to taking Part II. If you have taken the Fundamentals of Leadership Course previously, Part II will also be a valuable refresher on how to actively practice leadership in everyday situations.

*Enrollment is limited to 50 people.*

## INTERMEDIATE LEADERSHIP COURSE: How Navigating Through Peaks and Valleys in the Present Can Help Make You a More Effective Leader

Instructor:

Dennis Pardo, OD, MPH, FAAO

**Thursday, October 13**  
**1:30 to 3:30 pm**  
**\$75 fee (Students \$20)**  
*includes required books for course*

*Enrollment is limited to 50 people.*

This course highlights the simple yet profound lessons from two books written by world-renowned author Spencer Johnson, MD: *Peaks and Valleys* and *The Present*. Each of these two highly acclaimed books uses an insightful story that provides the reader with practical guidance helping to improve success in life, work and leadership. This course will demonstrate how to properly apply these lessons to become a more effective leader. The first hour will focus on *Peaks and Valleys*, which relays the story of one young man's journey from a valley to a peak all the while learning how to navigate through both good

and bad times. This journey affords the opportunity to learn very useful lessons along the way which can have a very positive impact on leadership and life in general. The second hour will focus on *The Present*. This is another story but this time it is of a young boy's progression to adulthood and his search for a mysterious and elusive gift called *The Present*. The inspiring truths gleaned from these two amazing books can be easily integrated to improve your work and life and help to further hone your leadership skills.

Each hour of the course will be multifaceted; combining lectures, real life applications and group discussion sessions. This course format is designed to integrate the impactful lessons, apply them in real life situations, and facilitate discussion on how they can enhance leadership skills. The attendees will need to read both books before coming to the course (*each book takes only about an hour or so to read*).

### About the Course Instructor Dennis Pardo, OD, MPH, FAAO

Dr. Pardo is a graduate of the New England College of Optometry (NECO), where he also completed a residency in Family Practice/Ocular Disease and served as an Assistant Clinical Professor of Optometry. Dr. Pardo earned an MPH degree in Health Care Policy & Management from Yale University. Prior to that, he earned his BS in Biological Sciences, Summa Cum Laude and Phi Beta Kappa from the State University of New York at Stony Brook.

Dr. Pardo currently serves as Manager, Medical Affairs for ISTA Pharmaceuticals and is the National Optometry Lead for the ISTA Clinical Research/Medical Affairs Department. Before joining ISTA, Dr. Pardo was Manager, Medical Affairs and Academic Programs Director at Vistakon, Johnson & Johnson Vision Care.

# A Wise Investment

By Andrew D. Pucker, AOSA National Liaison to the American Academy of Optometry



The American Academy of Optometry is the premiere organization for optometric education, development, and overall career enhancement, and it is never too early to get engaged with

this formula for success. Becoming a member has never been easier: the new, one-time \$30 student membership fee is hassle-free, and it will cover your membership dues until after you graduate from optometry school or your vision science program and your year of residency. During your graduation year, you can change your membership status from student to Candidate for Fellowship with your first year's dues and application fee waived.

This nominal investment will provide you with tangible and intangible rewards like access to *Optometry and*

*Vision Science*, AAO Newsletters, Eye-Mail® Monthly, reduced rates to the annual meetings, scholarship and travel fellowship opportunities, and endless educational and networking opportunities. These benefits will aid you in whatever mode of practice you wish to pursue, be it private practice, academics, or corporate. I guarantee you and your patients will get back tenfold whatever time and energy you invest into the organization.

Personally, the Academy has enhanced every aspect of my professional training, and I would like to share just a few of the moments that stand out in my mind. Attending lectures at the annual meetings has given me the opportunity to learn about cutting edge research and treatments that will allow me to better care for my patients. Each month, I read *Optometry and Vision Science* and gain vast insight into my research and what topics are currently important to our field. At the Merton C. Flom Leadership InSight Program at

Academy 2010 San Francisco, I learned about my own leadership style as well as networked with some of the great leaders in our profession. Finally, meeting with and talking to the 2010 Glenn Fry award winner, Dr. Nathan Efron, about my poster presentation directly after his award acceptance lecture was remarkable.

If you have not already become a member, I strongly encourage you to do so. You can find additional student membership information and application materials at the following website: <http://www.aaopt.org/students/>

Also, please feel free to contact the Chair of the Membership Committee, Dr. Melissa Bailey, at [m Bailey@optometry.osu.edu](mailto:m Bailey@optometry.osu.edu) or myself, Andrew Pucker, at [apucker@optometry.osu.edu](mailto:apucker@optometry.osu.edu) if you have any additional questions about the Academy. I look forward to seeing you at Academy 2011 Boston!

# Passion for the Academy

By Michael G. Harris, OD, JD, MS, FAAO, Recently Elected Board Member



The Academy represents the highest ideals of education and research that our profession has to offer. I want to see our Academy continue to be the leader in the optome-

try field. This can only be done by keeping the Academy vital with new and talented members. Students are the future of our profession and our Academy. I hope to find ways to bring more students, residents, and recent graduates to Academy meetings. Once they attend an Academy meeting and see the quality of the education, the dedication of our members, and the fun they can have, they are bound to return year after year. I know I was hooked after my very first Academy meeting over 40 years ago.

Some people who know me will say I go to the Academy meeting for all the great

food at the various events. Yes, I do like to eat and I love all the events where food is served. But what I love most are seeing friends, colleagues, and former students. I've had an opportunity to meet so many wonderful people through the Academy that I look forward every year with eager anticipation to seeing friends once again. Even walking from one lecture room to another can turn into a wonderful adventure of running into former students I haven't seen in years. So, to put it simply, while I love the education and innovation (and the food!), my favorite aspect of Academy meetings is catching up with other Academy members.

It is important that each of us give back to organizations that have given us so much. I owe so much of my success as an optometrist and educator to the Academy and Academy meetings.

For over 40 years, I've had the privilege of meeting and working with the very best our profession has to offer at Academy meetings. They have made me a better optometrist, a better educator, and a better person.

Now it's my turn to help others. There is a Jewish tradition called "Tikkun Olam"; it means "repairing the world." We each have a responsibility to leave the world a better place than the way we found it. One way I can do that is to help young practitioners and researchers be the best they can be and to honor excellence in education. There is no better way to do this than through the American Academy of Optometry and the American Optometric Foundation. I am indeed lucky that I can put my time and energy into an organization that has meant so much to me and that I love so passionately.

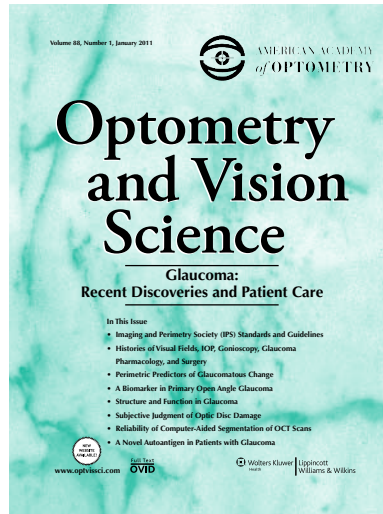
# Exciting New Features with *OVS* Online

Stay up-to-date in your specialty with the new features introduced on the *Optometry and Vision Science* website – [www.optvissci.com](http://www.optvissci.com). As a member of American Academy of Optometry, you can take advantage of eAlerts to make access to journal content easier and more personalized than ever.

Want to know what is being published in *Optometry and Vision Science* before you receive the print journal? With eAlerts, you can request personalized content to be delivered to you via email so that you receive only the journal content that you want.

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## Honor Your Colleagues with a Nomination

If you attended the 2010 Awards ceremony, you saw and heard the best and brightest of Academy Fellows being recognized for their ground-breaking achievements. Looking forward to Academy 2011 Boston, nominate your colleague who has similarly outstanding achievements!

**The deadline for nomination is April 1, 2011.** Nominations consist of a nomination letter, a seconding letter, and the curriculum vitae of the nominee. These must be emailed to Helen Viksnins, Director, Education & Member Relations, at [Helenv@aoptom.org](mailto:Helenv@aoptom.org).

Chair of the Awards Committee, Chris A. Johnson, OD, PhD, FAAO, and the other members of the committee would like to encourage you to consider nominating prospective candidates. Details concerning the awards, criteria for nomination and additional information may be found here: <http://www.aopt.org/meetings/academy2011/Awards/index.asp>

The Academy has always had outstanding candidates for the awards. It would be a very pleasant problem for the Awards Committee members if they have a large number of candidates with exceptional track records and accomplishments to choose from!

### A Couple Of Quick Reminders:

If a candidate has been nominated in the past couple of years but has not been selected, they can still be re-nominated. A new set of letters of support and nomination can be generated, or the previous letters can be used. However, please let us know which option you are selecting so that we can make sure to have a complete and up-to-date package for them. A prior letter can be amended to include new accomplishments.

Be sure to identify the specific major accomplishments of the nominee in the opening paragraph so that the Awards Committee will be apprised of their primary contributions at the earliest time.

# Chapters

## Heritage of the Academy: Spotlight on New York Chapter

In his two books, *History of the American Academy of Optometry 1922-1986* and *American Optometric Association – A History*, James R. Gregg, OD, reveals the origin of the New York Academy of Optometry (NYAO):

“Because of his interest in elevating educational standards and in professionalism, E. LeRoy Ryer founded the New York Academy of Optometry on December 12, 1912. He raised the funds to have it incorporated, and with the help of R. Lockwood, Elmer Hotaling, J. H. Drakeford, and Nelson Y. Hull, the New York Academy was founded. A meeting of charter members was held in New York on February 7, 1913.

Passage of an examination was required for membership as well as adherence to the Code of Ethics, which was spelled out, ‘It shall be the duty of each member to conduct the practice of optometry in a legitimate and professional manner.’ Clinical proficiency and ethical behavior were thus requirements for membership much the same as the American Academy would require a decade later.”

Thus, the New York Academy of Optometry became the first chapter of the Academy, beginning the successful tradition of lifelong learning to advance the art and science of vision care.

In 2010, the New York Academy of Optometry was able to hold a record ten meetings, during which they welcomed six SUNY residents and a number of other potential members. In addition, they are proud to have sponsored a travel fellowship for a SUNY graduate student.

### The Present Chapter Officers Are:

**Jonah Berman, OD, FAAO, President**

**Steven Lieberman, OD, FAAO**  
Immediate Past President

**Patricia Carniglia, OD, FAAO**  
Vice President &  
Continuing Education Chair

**Evan Kaplan, OD, FAAO, Secretary**

**Jerome Garber, OD, FAAO, Treasurer**

The Faculty-Student Liaison to SUNY, Amy Bartolone, OD, FAAO, is active in encouraging students to become involved in the Academy, including identifying candidates to attend and present at national conventions such as the Academy annual meetings.

### Some Highlights From This Past Year:

Past Chapter President and current Membership Chair, Andrea Thau, OD, FAAO, FCOVD, was re-elected this past year to the Board of Trustees of the American Optometric Association (AOA).

Past Chapter President Terry Scheid, OD, FAAO, presented a poster entitled “Contact Lens Prescribing Considerations following Corneal Cross Linking” at the 2010 Global Specialty Lens Symposium. Dr. Scheid is a Diplomate in the Cornea and Contact Lens Section of the AAO.

Past Chapter President and current Secretary Evan Kaplan, OD, MS, FAAO, conducted an orientation of the Academy to the fourth year students at SUNY. Evan is Chief, Contact Lens Service and Director, Laser Eye Institute at SUNY and an Attending in the Cornea Service at New York Eye and Ear Infirmary.

The New York chapter is excited about all the activities they have planned for 2011 and they look forward with pride to celebrating their Centennial year in 2012.



*New York Chapter President Jonah Berman, OD, MBA, FAAO, presenting Ken Moadel, MD with a token of appreciation for his outstanding presentation*



*New York Chapter members enjoying the opportunity to share a meal and ideas*

## American Academy of Optometry New Jersey Chapter 8th Annual Educational Conference

**April 27 - May 1, 2011**

**Myrtle Beach, South Carolina**

*Hilton Embassy Suites at Kingston Plantation*

Marc Bloomenstein, O.D., F.A.A.O.  
Jim Thimons, O.D., F.A.A.O.

**16 HOURS  
COPE CE**

**Registration: \$475.00**

**One & Two Bedroom Lodges**

Accommodations Include  
a Daily Breakfast Buffet and  
an Evening Cocktail Reception

**PACK YOUR CLUBS!**

*Golf Tournament details to follow.*

*For Accommodation & Additional Information, contact:*

**Dennis H. Lyons, OD, FAAO**

**Phone: (732) 920-0110 • Fax: (732) 920-7881**

**E-Mail: [dhl2020@aol.com](mailto:dhl2020@aol.com)**





## North Carolina Chapter American Academy of Optometry

Roger Cummings, OD, FAAO  
Diana Mah, OD, FAAO  
W. G. "Bill" Hefner VA Medical Center  
Salisbury, North Carolina



### Background and History

The Chapter was formed through a nucleus of Academy Fellows and Fellowship Candidates located at the W.G. (Bill) Hefner Veterans Affairs Medical Center in Salisbury, N.C. Two to three meetings per year have been held in various metropolitan areas of the state.

### Mission

There are two primary missions of the North Carolina Chapter of the American Academy of Optometry

- The first is to support residency, practitioner and student education through quality educational programs.
- The second is to increase the number of Fellows of the Academy from North Carolina. There are 18 new Fellows with connections to the Chapter.



New 2009 North Carolina Fellows - from left Drs. Bulakowski, Khoshnevis, Parker & Chu (with Drs. Cummings & Roels) presented at our Fall Meeting in Charlotte



Drs. Lear, (Residency Director Dr. Joy), Peterson & Godino (Hefner residents 09-10) presented clinical case reports at a meeting in Winston-Salem to which optometrists from throughout the state were invited.

### NCAAO Officers - 2008 - 2010



Drs. Phil Roels (President Elect), Diana Mah (President), Kate Lanier (Secretary), Arun Subramanian (Treasurer)



08-09 Resident, Dr. Mona Kardani became a Fellow in November 2009

## Florida Chapter Annual Meeting

The Florida Chapter will hold its **annual meeting on April 15-16, 2011** at Mission Inn.

Dr. Bruce Onofrey will present six hours of CEE/TQ credits as well as two hours on "Medical Errors" which meet the requirements for the state of Florida.

Dr. Donnie Dance will present "Optometric Jurisprudence" which also meets the requirements for the state of Florida.

For more information, please contact Dr. Arthur Young at: [eyeguy4123@msn.com](mailto:eyeguy4123@msn.com)

## Thank you to the following corporate sponsors for their generous support in 2010!

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# Fellows Commemorate Anniversary Milestones

## Class of 1961– 50 Years!

**Dr. Jerome Abrams**  
of Indianapolis, IN  
**Dr. Ira Bernstein**  
of White Plains, NY  
**Dr. Ramon Burstyn**  
of Austin, TX  
**Dr. Ronald Gilbert**  
of Dayton, OH  
**Dr. Robert Greenberg**  
of Tallahassee, FL  
**Dr. Joseph Hanna**  
of Warminster, PA  
**Dr. Richard Hill**  
of Columbus, OH  
**Dr. David Johnson**  
of Aptos, CA  
**Dr. Leo Leydon**  
of Weyburn, SK CANADA



**Dr. Bernard Mallinger**  
of Pittsburgh, PA  
**Dr. John McCausland**  
of Tucumcari, NM  
**Dr. John Ottino**  
of Moore Haven, FL

**Dr. Winiford Ritchie**  
of Mobile, AL  
**Dr. Edmund Sellard**  
of Albuquerque, NM  
**Dr. Laurel Shockey** of Pala, CA  
**Dr. Bradford Wild** of Tigard, OR

## Class of 1986 – 25 Years!

**Dr. George Adams**  
of Colorado Springs, CO  
**Dr. Charles Aldridge** of Burnsville, NC  
**Dr. Fred Arima** of Mill Creek, WA  
**Dr. Robert Bass** of Manassas, VA  
**Dr. William Bescoby** of Alta Loma, CA  
**Dr. Alan David Brown**  
of Alpharetta, GA  
**Dr. Wolfgang Cagnolati**  
of Duisburg, GERMANY  
**Dr. Michael Collins**  
of Kelvin Grove, QLD, AUSTRALIA  
**Dr. Robert Connors** of Wolcott, CT  
**Dr. S. Barry Eiden** of Deerfield, IL  
**Dr. David Eldridge** of Bixby, OK  
**Dr. Dale Fath** of Morehead City, NC  
**Dr. Nieves Fernandez**  
of North Bergen, NJ  
**Dr. Thomas Finley** of Herndon, VA  
**Dr. Kathleen Freeman** of Sewickley, PA  
**Dr. John Funnell**  
of Manhattan Beach, CA  
**Dr. Wayne D. Gillan**  
of Mondeor, SOUTH AFRICA  
**Dr. Jacques Gresset**  
of Montreal, PQ CANADA

**Dr. Christoph Grey**  
of Warwickshire, UNITED KINGDOM  
**Dr. Jerry Hardison** of Hartford, CT  
**Dr. Terry Hawks** of Overland Park, KS  
**Dr. David Heath** of New York, NY  
**Dr. John Hemming** of Lake Odessa, MI  
**Dr. Milton Hom** of Azusa, CA  
**Dr. W. Stewart Katz**  
of Lagoa LGA, PORTUGAL  
**Dr. Scott Kenitz** of Hartford, WI  
**Dr. Patrick Kiella** of Traverse City, MI  
**Dr. J. Douglas Kilgo**  
of Hendersonville, NC  
**Dr. Daniel Kurtz** of Pomona, CA  
**Dr. James LaMotte** of Fullerton, CA  
**Dr. Richard Lippman** of Rockville, MD  
**Dr. Mary Loshin** of Plantation, FL  
**Dr. Robert Melrose** of Stockton, CA  
**Dr. Rosemary Melrose** of Stockton, CA  
**Dr. Ivor Meyerson**  
of Redondo Beach, CA  
**Dr. Michael Mittelman** of Honolulu, HI  
**Dr. John O'Donnell** of Harrisburg, PA  
**Dr. Leonard Oshinskic** of Newington, CT  
**Dr. G. Timothy Petito**  
of St. Petersburg, FL

**Dr. Joseph Phillips**  
of Oklahoma City, OK  
**Dr. Martin Rubinstein**  
of Nottingham, UNITED KINGDOM  
**Dr. Donald Sarver** of Oakland, CA  
**Dr. Steven Seward** of Ft. Wayne, IN  
**Mr. Jonathan Shapiro**  
of Pardes Hanna, ISRAEL  
**Dr. David Siegel** of Monroe, NY  
**Dr. Ronald Snyder** of Boca Raton, FL  
**Dr. Joseph Stamm** of Rochester, NY  
**Dr. Danny Stamps** of Fayetteville, NC  
**Dr. Leonard Stein** of Livonia, MI  
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**Dr. William Urosevich** of Lewisburg, PA  
**Prof Algis Vingrys**  
of Carlton, AUSTRALIA  
**Dr. Jeffrey Wigton** of Butler, PA  
**Dr. Robert Williams** of Myrtle Beach, SC  
**Dr. Lynn Wittman** of Wellesley, MA  
**Dr. Charles Wormington**  
of Elkins Park, PA  
**Dr. Patrick Yoshinaga**  
of Monterey Park, CA



THE

# T O R C H



An affiliate of the American Academy of Optometry | Spring 2011

## AOF Philanthropic Activities Reach New Heights In San Francisco



The Foundation enjoyed our most successful meeting during Academy 2010 San Francisco, raising over \$190,000 to support research and education. Donations during the registration process started a very positive trend that continued into the exhibit hall where over \$95,000 was collected from donors at the AOF Booth and augmented by a \$25,000 match from Essilor of America.

Thanks to the thirty-eight lecturers who redirected their honoraria to Foundation programs, which along with additional monies based on attendance at CE, added an additional \$27,500 to the tally. The Foundation Celebration Luncheon, attended by 280 supporters and award recipients, added over \$10,000 for the purchase of silent auction items.

## Catherine Amos Takes Leadership Position



Catherine S. Amos, OD, FAAO, takes on the leadership role as the new President of the American Optometric Foundation succeeding outgoing academic

leader, Dr. Tony Adams, who completed his term in November. A well respected private practitioner in the community of Hoover, Alabama, she received her OD from the School of Optometry at the University of Alabama, was President of her state association, as well as Chair of the Board of Directors for Vision Service Plan, and has served on the AOF Board of Directors since 2007. Please welcome Dr. Amos! Her diverse experience and business acumen will provide balanced and insightful leadership in guiding the Foundation over the next two years.

## BSK Enters Into Partnership With The AOF

Beta Sigma Kappa International Honor Society (BSK) has made an initial donation of \$50,000 to the American Optometric Foundation (AOF) to endow two new Fellowship programs. The AOF-BSK Fellowships will provide support for optometric faculty research and optometric resident research. Additional details are planned for release in 2011.

## Vistakon Research Grant Winners Announced At Academy

The AOF-Vistakon Research Grant program, designed to support basic or clinical research in the area of soft disposable contact lenses, continues a tradition of funding the work of individuals who shape the future of contact lenses. These are highly competitive research awards with the recipients being selected from many qualified applicants by an international panel of scientists. The 2010 recipients, announced at the annual AOF celebration luncheon, are:

**Loretta Szczotka-Flynn, OD, PhD, FAAO and Ilene Gipson, PhD**  
Department of Ophthalmology & Vision Sciences  
University Hospitals Case Medical Center and Schepens Eye Research Institute  
Harvard Medical School

**\$25,000 Grant**  
*Uncovering the Role of Mucins in Contact Lens Induced Corneal Infiltrates*

**Alex Hui, OD and David McCanna, BSc, MA, PhD**  
Centre for Contact Lens Research, School of Optometry  
University of Waterloo

**\$10,000 Grant**  
*Engineering of Novel Contact Lens Materials for Ciprofloxacin Drug Delivery*

## Korbs Initiate New Dry Eye Fund



The Foundation received a \$25,000 donation from Drs. Donald Korb & Joan Exford to establish a research and leadership fund in the area of dry eye. At the AOF luncheon, Don Korb praised Dr. Kelly Nichols' recent work as the chair of the International Meibomian Gland Dysfunction Work Group for the Tear Film and Ocular Surface Society. He said her work made him proud to be an optometrist, as he announced this lead gift.

## Are You In?

The Presidents Circle is an elite group of AOF supporters who recognize the importance of long-term giving to the Foundation. It is with gratitude that we introduce the newest members who have made the commitment to give back to optometry and the Foundation.

**Please welcome Drs. Eric Ritchey and Moriah Chandler  
Dr. Karen Brandreth, Dr. Cristina Schnider and Mal Patton  
to the Presidents Circle.**



## AMERICAN OPTOMETRIC FOUNDATION

*The Torch is a publication of the American Optometric Foundation, the philanthropic arm of the American Academy of Optometry, which develops and provides financial support for optometric research and education in vision and eye health.*

American Optometric Foundation  
6110 Executive Blvd., Suite 506  
Rockville, MD 20852 USA  
Phone: 301-984-4734  
Fax: 301-984-4737

**Mark Bullimore, MCOptom, PhD**  
**FAAO**  
Development Director

**Tracy Kitts**  
Foundation Coordinator



# American Optometric Foundation Honors 2010

## William C. Ezell Fellows At Academy 2010 San Francisco

The American Optometric Foundation (AOF) proudly honored the 2010 recipients of its prestigious William C. Ezell Fellowships during the annual AOF Celebration Luncheon held during Academy 2010 San Francisco. Ezell Fellows selected on the basis of potential for excellence in scholarship, research and teaching received an \$8,000 award and a \$750 travel fellowship to attend Academy and a \$750 travel fellowship to attend the 2011 ARVO meeting in Ft. Lauderdale, FL.

### The Ezell program continues to thrive thanks to our supporters:

Abbott Medical Optics, Inc.  
The Alcon Foundation  
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### Additional long-term funding for the Ezell Fellowship program has been provided by:

Dr. Irvin M. Borish and  
Essilor of America  
The AAO Section on Cornea  
Contact Lenses and  
Refractive Technologies  
The Optometric Glaucoma  
Society  
*and our parent organization,*  
The American Academy  
of Optometry

Newly endowed awards for 2010 were made possible by the **Michael G. Harris Ezell Fund** and **The Mike Daley Ezell Fund**, the latter sponsored by **Essilor of America**.



### The 2010-2011 William C. Ezell Fellowships are:

**American Academy of Optometry Ezell Fellow**  
Ava Bittner, OD, FAAO  
John Hopkins University School of  
Public Health

**Alcon Foundation Ezell Fellow**  
Padmapriya Ramamoorthy,  
BS Optom, MS  
The Ohio State University College  
of Optometry

**Abbott Medical Optics, Inc. Ezell Fellow**  
Tatiana Ecoiffier, MS  
University of California Berkeley  
School of Optometry

**Bausch + Lomb Ezell Fellow**  
Kristine Dalton, OD, MS, FAAO  
University of Aston  
Birmingham, United Kingdom

**Bausch + Lomb Ezell Fellow**  
Vidhyapriya Sreenivasan, BS Optom,  
MS, FAAO  
University of Waterloo, School  
of Optometry

**Irvin M. Borish Ezell Fellow**  
Juan Huang, MB  
University of Houston College  
of Optometry

**Cornea, Contact Lens & Refractive Technologies Ezell Fellow**  
Nicole Carnt, BS Optom, FAAO  
University of New South Wales  
Australia

**CIBA Vision Ezell Fellow**  
Maria Markoulli, MC Optom  
University of New South Wales  
Australia

**Michael G. Harris Ezell Fellow**  
Shilpa Register, OD, MS, FAAO  
The Ohio State University College  
of Optometry

**Mike Daley-Essilor Ezell Fellowship**  
*(pictured at left)*  
Patrick Scott, OD, MS, FAAO  
Boston University School of Medicine

**Optometric Glaucoma Society Ezell Fellow**  
Nimesh Patel, OD, FAAO  
University of Houston College  
of Optometry

**Vistakon Ezell Fellow**  
Nicole Putnam, MS  
University of California Berkeley  
School of Optometry

**Vistakon Ezell Fellow**  
Johanna Tukler-Henriksson, BS  
University of Houston College  
of Optometry

The Ezell Fellowship Program, named after the founding President of the AOF, William C. Ezell, OD, was established to provide opportunities to talented postgraduate students who wish to pursue careers in optometric research and education. To date, more than 200 William C. Ezell Fellowships have been awarded since the inception of the program in 1949.

## ACADEMY OFFICERS

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## ACADEMY ADDRESS

**American Academy of Optometry**

6110 Executive Boulevard, Suite 506

Rockville, MD 20852 USA

Phone: (301) 984-1441 | Fax: (301) 984-4737

E-mail: [Newsletter@aaoptom.org](mailto:Newsletter@aaoptom.org)

Web Site: <http://www.aaopt.org>

## AAO NEWSLETTER

Communications Committee Chair:

**Glenda B. Secor, OD, FAAO**  
Pleasant Hill, CA

Editor:

**Helen C. Briggs, MS**  
Rockville, MD

## ACADEMY STAFF

**Lois Schoenbrun, CAE, FAAO**, Executive Director  
Foundation (AOF) Director, Ext. 3086  
[LoisS@aaoptom.org](mailto:LoisS@aaoptom.org)

**Darryl Beatty**, Executive Assistant/Office Manager  
Ext. 3087  
[DarrylB@aaoptom.org](mailto:DarrylB@aaoptom.org)

**Helen Briggs, MS**, Education & Member Relations  
Program Administrator  
Ext. 3084  
[HelenC@aaoptom.org](mailto:HelenC@aaoptom.org)

**Mark Bullimore, MCOptom, PhD, FAAO**  
Foundation (AOF) Development Director  
Ext. 3104  
[MBullimore@optometry.osu.edu](mailto:MBullimore@optometry.osu.edu)

**Tracy Kitts**  
Foundation (AOF) Coordinator  
Ext. 3104  
[TracyK@aaoptom.org](mailto:TracyK@aaoptom.org)

**Kia Lor**, Administrative Assistant  
Ext. 3088  
[KiaL@aaoptom.org](mailto:KiaL@aaoptom.org)

**Beverly Matlock**, Finance Director  
Ext. 3089  
[Finance@aaoptom.org](mailto:Finance@aaoptom.org)

**Stephen Morse**, Database Administrator  
Ext. 3083  
[StephenM@aaoptom.org](mailto:StephenM@aaoptom.org)

**Betty Taylor, CEM**, Exhibits Manager  
Ext. 3085  
[BettyT@aaoptom.org](mailto:BettyT@aaoptom.org)

**Chhay Tyong**, Bookkeeper  
Ext. 3096  
[ChhayT@aaoptom.org](mailto:ChhayT@aaoptom.org)

**Helen Viksnins, MEd, CAE, FAAO**  
Director, Education & Member Relations  
Ext. 3082  
[HelenV@aaoptom.org](mailto:HelenV@aaoptom.org)



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## Donald A. Springer, OD, FAAO (1922 - 2011)

Dr. Donald A. Springer, President of the American Academy of Optometry in 1962 and 1963, passed way on Tuesday, March 8. At the time he was elected to serve on the Executive Council (now called the Board of Directors), he was the youngest to ever serve. He was a pioneer and leader in the optometry field.

The Anniston, AL native, who had struggled for many years with Parkinson's disease, recently turned 89 years old. Dr. Springer earned his Doctor of Optometry degree from Ohio State University in 1946. His education and his army experience gave him a greater sense of the world when he came home to practice with his father.

"As a result of working with the Academy," Springer told a newspaper in a 1976 interview, "I saw the opportunity to establish a school of optometry somewhere in the Southeast. Well, a lot of other people thought that was a good idea." Springer and two of his colleagues provided the foundation to establish the School of Optometry at the University of Alabama in 1967 and the school opened in 1969.

His family has requested that contributions in his memory be made to the fund in his name at the University of Alabama School of Optometry.