

Introduction to Interdisciplinary Care

I. Older Adults Need Coordinated Care

- a. Multi-morbidity
 - i. Common Conditions
- b. Health Care Costs and Multi-morbidity
- c. Quality and Reimbursement demands

II. Geriatric Syndromes

- a. Falls
- b. Delirium
- c. Polypharmacy
- d. Driving
- e. Frailty
- f. Others

III. Types of care Models

- a. Unidisciplinary
- b. Multidisciplinary
- c. Interdisciplinary

IV. Characteristics of Successful Teams

- a. Core Competencies
- b. Team training

V. Challenges in Providing Coordinate Care

- a. Whole Person Focus
 - i. Multiple providers
 - ii. Multiple Diagnoses

iii. THE Plan

- b. Care Transitions
- c. Social Support
- d. Financial Support
- e. Culture
- f. Goals

VI. Optometry and the Interdisciplinary Team

- a. The UAB Experience

VII. Case 1 93 year old female admitted to skilled nursing with pneumonia vs. lung cancer

- a. Goal return to assisted living
- b. Co-existent Macular degeneration and Cataract
 - i. Cataract surgery in the very elderly
 - ii. Caratact surgery and macular degeneration
- c. Optometry and the team goal

VIII. Case 2 84 year old female admitted to skilled nursing post fall

- a. Goal to return to independent living
- b. Macular degeneration and legal blindness
 - i. Orientation and Mobility & Physical Therapy
- c. Optometry leading the team

X. Case 3 82 year old with obesity and diplopia

- a. Goal highest function in long term care
- b. It's simple- move her to another room
- c. Team Goals in long term care