

Everything You Wanted To Know About Punctal Occlusion -2 hour
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Abstract

Punctal plugs help relieve symptoms of dry eye. This workshop trains the practitioner in inserting diagnostic collagen plugs and then enhances their skills in inserting various semi-permanent material plugs. The goal is for the practitioner use these techniques to treatment the dry eye patient. Participants will be able to use various plugs.

Outline

- A. Rationale for punctal occlusion in the management of dry eye
- B. Patient selection
- C. Use of Collagen rods
 - 1. Evaluation of Upper and Lower Puncta
 - 2. Sizing
- D. Determination of Company based on availability
- E. D. Instrumentation
 - 1. Forceps
 - 2. Loops Vs Biomicroscope
- F. E. Insertion techniques
 - 1. Everting and stabilizing lids
 - 2. Final Insertion
- G. Evaluation of efficacy
- H. Rationale for semi-permanent occlusion in the management of dry eye
- I. Patient selection
- J. Types of naso lacrial plugs, sources, costs
 - 1. EagleVision silicone punctum plug
 - 2. FCI silicone punctal plug(s)
 - 3. Oasis silicone punctum plug
 - 4. Odyssey silicone punctum plug
 - 5. Herrick silicone canalicular plug
 - 6. Medennium thermo-plastic canalicular plug
 - 7. Oasis based plug- canalicular plug
- K. Instrumentation, supplies
- L. Insertion techniques
- M. Evaluation of efficacy and adverse reactions
- N. Removal