Abstract

Punctal plugs help relieve symptoms of dry eye. This workshop trains the practitioner in inserting diagnostic collagen plugs and then enhances their skills in inserting various semi-permanent material plugs. The goal is for the practitioner use these techniques to treat the dry eye patient. Participants will be able to use various plugs.

Outline

A. Rationale for punctal occlusion in the management of dry eye
B. Patient selection
C. Use of Collagen rods
   1. Evaluation of Upper and Lower Puncta
   2. Sizing
D. Determination of Company based on availability
E. D. Instrumentation
   1. Forceps
   2. Loops Vs Biomicroscope
F. E. Insertion techniques
   1. Everting and stabilizing lids
   2. Final Insertion
G. Evaluation of efficacy
H. Rationale for semi-permanent occlusion in the management of dry eye
I. Patient selection
J. Types of naso lacrimal plugs, sources, costs
   1. EagleVision silicone punctum plug
   2. FCI silicone punctal plug(s)
   3. Oasis silicone punctum plug
   4. Odyssey silicone punctum plug
   5. Herrick silicone canalicular plug
   6. Medennium thermo-plastic canalicular plug
   7. Oasis based plug- canalicular plug
K. Instrumentation, supplies
L. Insertion techniques
M. Evaluation of efficacy and adverse reactions
N. Removal