



**Teresa
Aris**
OD, MS, FAAO

**FRIDAY
FELLOW
Q&A**

Q: Where are you located?

A: Lakeview, Michigan, United States

Q: What year did you earn your Fellowship?

A: 2007

Q: When did you earn your doctorate?

A: 2005

Q: What inspired you to pursue optometry as a career?

A: Optometry was a great choice for healthcare I could use in any setting, including mission work.

Q: What is your most rewarding patient or professional experience?

A: I had a young diabetic patient once who had given up taking care of herself. She came to me with very reduced vision. We worked together over the next several months to improve her condition, physically and mentally. She has now taken charge of her life and her health and has a very promising future.

Q: How did you become involved with the Academy?

A: Great mentors explained the benefits of Fellowship.

Q: What has your involvement meant to your career?

A: Being a Fellow in the Academy encourages me to continue striving toward excellence. This allows me to provide my patients the most current and effective eye health and wellness options.

Q: What is the best part of being an OD?

A: Over the course of my career I have developed great relationships with my patients and staff. I love coming work every day, because each new day offers great opportunities for seeing friends.

Q: Tell us a fun fact about you or an interesting hobby you have?

A: I spend quite a bit of time swing dancing. I have taught several friends the basic steps and a few fun moves.



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